

# CASE STUDY CHECKOFF

CANDIDATE'S NAME

DATE

BG101 INSTRUCTOR

DATE

BG104 INSTRUCTOR

DATE

BRAIN GYM MOVEMENT	BGTE PAGE #	CASE STUDY DATE	NAME /AGE OF CLIENT	BRAIN GYM® INSTRUCTOR VERIFICATION
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Case Studies are a communication tool for the Brain Gym 110 instructor and Brain Gym 104 Candidate Instructor. They provide a platform for practicing the 26 Activities, reflecting, and receiving feedback.

- Conduct up to 5 case studies per client.
- Practice with a variety of age groups.
- During Pandemic, may utilize online technology (e.g. Zoom, Google Hangouts, Facetime, Skype, etc ) to complete case studies.

# CASE STUDY LOG

## The Cross Crawl

DATE \_\_\_\_\_

CLIENT NAME		SIGNATURE	
PRE-ACTIVITY		POST-ACTIVITY	
CLIENT'S COMMENTS		CANDIDATE'S REFLECTION	

## Lazy 8s

DATE \_\_\_\_\_

CLIENT NAME		SIGNATURE	
PRE-ACTIVITY		POST-ACTIVITY	
CLIENT'S COMMENTS		CANDIDATE'S REFLECTION	

## The Double Doodle

DATE \_\_\_\_\_

CLIENT NAME		SIGNATURE	
PRE-ACTIVITY		POST-ACTIVITY	
CLIENT'S COMMENTS		CANDIDATE'S REFLECTION	

## Alphabet 8s

DATE \_\_\_\_\_

CLIENT NAME		SIGNATURE	
PRE-ACTIVITY		POST-ACTIVITY	
CLIENT'S COMMENTS		CANDIDATE'S REFLECTION	

# CASE STUDY LOG

## The Elephant

DATE \_\_\_\_\_

CLIENT NAME		SIGNATURE	
PRE-ACTIVITY		POST-ACTIVITY	
CLIENT'S COMMENTS		CANDIDATE'S REFLECTION	

## Neck Rolls

DATE \_\_\_\_\_

CLIENT NAME		SIGNATURE	
PRE-ACTIVITY		POST-ACTIVITY	
CLIENT'S COMMENTS		CANDIDATE'S REFLECTION	

## The Rocker

DATE \_\_\_\_\_

CLIENT NAME		SIGNATURE	
PRE-ACTIVITY		POST-ACTIVITY	
CLIENT'S COMMENTS		CANDIDATE'S REFLECTION	

## Belly Breathing

DATE \_\_\_\_\_

CLIENT NAME		SIGNATURE	
PRE-ACTIVITY		POST-ACTIVITY	
CLIENT'S COMMENTS		CANDIDATE'S REFLECTION	

# CASE STUDY LOG

## Cross Crawl Sit-ups

DATE \_\_\_\_\_

CLIENT NAME		SIGNATURE	
PRE-ACTIVITY		POST-ACTIVITY	
CLIENT'S COMMENTS		CANDIDATE'S REFLECTION	

## The Energizer

DATE \_\_\_\_\_

CLIENT NAME		SIGNATURE	
PRE-ACTIVITY		POST-ACTIVITY	
CLIENT'S COMMENTS		CANDIDATE'S REFLECTION	

## Think of an X

DATE \_\_\_\_\_

CLIENT NAME		SIGNATURE	
PRE-ACTIVITY		POST-ACTIVITY	
CLIENT'S COMMENTS		CANDIDATE'S REFLECTION	

## Sipping Water

DATE \_\_\_\_\_

CLIENT NAME		SIGNATURE	
PRE-ACTIVITY		POST-ACTIVITY	
CLIENT'S COMMENTS		CANDIDATE'S REFLECTION	

# CASE STUDY LOG

## Brain Buttons

DATE \_\_\_\_\_

CLIENT NAME		SIGNATURE	
PRE-ACTIVITY		POST-ACTIVITY	
CLIENT'S COMMENTS		CANDIDATE'S REFLECTION	

## Earth Buttons

DATE \_\_\_\_\_

CLIENT NAME		SIGNATURE	
PRE-ACTIVITY		POST-ACTIVITY	
CLIENT'S COMMENTS		CANDIDATE'S REFLECTION	

## Balance Buttons

DATE \_\_\_\_\_

CLIENT NAME		SIGNATURE	
PRE-ACTIVITY		POST-ACTIVITY	
CLIENT'S COMMENTS		CANDIDATE'S REFLECTION	

## Space Buttons

DATE \_\_\_\_\_

CLIENT NAME		SIGNATURE	
PRE-ACTIVITY		POST-ACTIVITY	
CLIENT'S COMMENTS		CANDIDATE'S REFLECTION	

# CASE STUDY LOG

## The Energy Yawn

DATE \_\_\_\_\_

CLIENT NAME		SIGNATURE	
PRE-ACTIVITY		POST-ACTIVITY	
CLIENT'S COMMENTS		CANDIDATE'S REFLECTION	

## The Thinking Cap

DATE \_\_\_\_\_

CLIENT NAME		SIGNATURE	
PRE-ACTIVITY		POST-ACTIVITY	
CLIENT'S COMMENTS		CANDIDATE'S REFLECTION	

## Hook-ups

DATE \_\_\_\_\_

CLIENT NAME		SIGNATURE	
PRE-ACTIVITY		POST-ACTIVITY	
CLIENT'S COMMENTS		CANDIDATE'S REFLECTION	

## The Positive Points

DATE \_\_\_\_\_

CLIENT NAME		SIGNATURE	
PRE-ACTIVITY		POST-ACTIVITY	
CLIENT'S COMMENTS		CANDIDATE'S REFLECTION	

# CASE STUDY LOG

## The Owl

DATE \_\_\_\_\_

CLIENT NAME		SIGNATURE	
PRE-ACTIVITY		POST-ACTIVITY	
CLIENT'S COMMENTS		CANDIDATE'S REFLECTION	

## Arm Activation

DATE \_\_\_\_\_

CLIENT NAME		SIGNATURE	
PRE-ACTIVITY		POST-ACTIVITY	
CLIENT'S COMMENTS		CANDIDATE'S REFLECTION	

## The Footflex

DATE \_\_\_\_\_

CLIENT NAME		SIGNATURE	
PRE-ACTIVITY		POST-ACTIVITY	
CLIENT'S COMMENTS		CANDIDATE'S REFLECTION	

## The Gravity Glider

DATE \_\_\_\_\_

CLIENT NAME		SIGNATURE	
PRE-ACTIVITY		POST-ACTIVITY	
CLIENT'S COMMENTS		CANDIDATE'S REFLECTION	

# CASE STUDY LOG

## The Calf Pump

DATE \_\_\_\_\_

CLIENT NAME		SIGNATURE	
PRE-ACTIVITY		POST-ACTIVITY	
CLIENT'S COMMENTS		CANDIDATE'S REFLECTION	

## The Grounder

DATE \_\_\_\_\_

CLIENT NAME		SIGNATURE	
PRE-ACTIVITY		POST-ACTIVITY	
CLIENT'S COMMENTS		CANDIDATE'S REFLECTION	